

Local Community Resources

****If you are in immediate need of any of the following, please reach out to our Care Coordination Team or Patient Assistance Specialist for help.****

Financial Assistance

Health Access Network – Sliding Fee Program
Contact HAN's Patient Assistance Specialist at 207-794-6700 or 1-866-426-4584

Transportation Assistance

Penquis CAP
For questions or to arrange a ride call (207) 973-3605 or 1-844-736-7847.
Aroostook Regional Transportation System
For questions or to arrange a ride call (207) 764-3384 or 1-800-442-3320.

Insurance Assistance

Health Access Network - For assistance with the Affordable Care Act or for help completing an insurance application contact HAN's Patient Assistance Specialist at 207-794-6700 or 1-866-426-4584 to schedule an appointment.

To review health plans available to you visit:

<https://www.coverme.gov/>

Eastern Area Agency on Aging (p) 207-947-2865 or 1-800-432-7812

Housing Assistance

Penquis CAP
Contact The Housing Foundation at (207) 866-4634

Aroostook County Action Program
Houlton Office 207-532-5300

Utility/Heating Assistance

Penquis CAP
For heating assistance, call (207) 973-3630 or 1-800-215-4942

Aroostook County Action Program
Houlton Office 207-532-5300

You can try contacting your local town office for assistance.

If you need assistance paying a bill, contact our contact HAN's Patient Assistance Specialist at 207-794-6700 or 1-866-426-4584 to schedule an appointment.

Local Food Cupboards

Burlington Food Pantry
Location: 27 Barker Road, Burlington, ME 04417
Days and Hours: Every Other Friday (Open 1/29/21) 11:00 am - 1:00 pm
Contact: Maureen Bean 207-794-4181

Wytopitlock Food Pantry
Location: 8 Springer Road, Wytopitlock, ME 04497 (PO Box 3 Wytopitlock 04497)
Days and Hours: Wednesday following the 1st Tuesday of the month 2:00 - 4:00 pm & Third Thursday 2:00 - 4:00 pm.
Contact: Michael Fawcett 207-765-8001

Upper Valley Economic Corporation (UVEC) Pantry
Location: Sherman Municipal Building 36 School Street Suite 4, Sherman, ME 04776
Days and Hours: 2nd Tuesday 8:00 am. - 12:00 pm.
Contact: Jeff Packard (207) 365-7631 Pantry 207-365-4366

Chester Baptist Church Food Pantry
Location: 2 South Chester Road, Chester, ME 04457
Days and Hours: Mondays 8:30 - 10:30 am.
Contact: Sandra Chesley 207-746-3650

Mattawamkeag Area - Zion Pentecostal Food Pantry
Location: 249 Medway road, Mattawamkeag, ME 04459
Days and Hours: 2nd Tuesday every month 12:00 - 1:00 pm.
Contact: Ber Bubar 207-794-5140

Danforth Food Pantry
Location: 85 Bancroft Road, Danforth, ME 04424
Days and Hours: 1st Wednesday after the 1st Tuesday of each month 4:00 - 6:00 pm, 1st Thursday after 1st Tuesday 10:00 - 11:00 am. & 3rd Thursday 10:00 - 11:00 am.
Contact: Marilyn Stoddard 207-521-5008

Lincoln Regional Food Cupboard
Location: 32 Park Avenue, Lincoln, ME 04457
Days and Hours: Wednesdays 9:00 - 11:00 am.
Contact: Melvin Voisine 207-290-3400

Haynesville Town Office Food Pantry
Location: 16 Danforth Road, Haynesville, ME 04497 (Mailing-P.O. Box 116 Wytopitlock, Me. 04497)
Days and Hours: Monday & Wednesday 7:30 - 1:00 pm, Thursday 7:00 - 10:00 am
Contact: Carol Randall 207-448-2239

I Care Ministries Food Pantry
Location: 45 Spring Street, Millinocket, ME 04462
Days and Hours: Monday - Friday 8:00 - 5:00 pm.
Contact: Herschel Hafford 207-723-7977 or 207-447-1603

Tri - Town Baptist Food Pantry
Location: 8 Cone Street, East Millinocket, ME 04430
Days and Hours: 3rd Saturday of each month 9:00 am. - 12:00 pm. (Emergency calls as needed)
Contact: David Blaisdell 207-251-8674